

Troodos Mountain Range

"Persephone" trail (Linear or Circular from forest road)

Difficulty: 1

Starting point: 150m south of Troodos Square towards the Police Station.

Total length: 3km or 5 km

Walking time: 1 h 2 hours

Landmarks: Lush vegetation, where the walker passes through a dense forest of black pine in the first 2km and an excellent view from the finish in the location Makria Kontarka. 500m before the end, the trail crosses the forest road leading from Troodos Square to Kryos River. It is part of the European trail E4

Walking Date: From Ayia Napa, Larnaca, Nicosia, Limassol, Paphos and Troodos 13 and 17 May 2020

Troodos Mountain Range

"Artemis" trail (Circular)

Difficulty: 2

Starting point: 300m from the junction point of the road to Chionistra with the Troodos-Prodomos road.

Total length: 7km

Walking time: 2,5 - 3 hours

Landmarks: The forest of black pine, rare species of flora and rocks of the region. There is access to two perennial black pine trees (*Pinus nigra* subsp. *pallasiana*) about 500 years old. "The Walls of the old City" are of historical interest. They are ruins of cursory fortifications that were built during the last year of the Venetian occupation of Cyprus (1571 A.D.) by a group of Venetian generals who decided to defend themselves against the Turks at that site. The route is circular around the top of Mount Olympus (Chionistra) at an altitude of 1850m and offers excellent views in all directions.

Walking Date: From Nicosia, Limassol, Paphos and Troodos 20 and 24 May 2020

EXPLANATIONS

Circular: it refers to a circular route, in which the walker at the end of the route returns to the starting point.

Linear: it refers to a linear route, in which the walker at the end of the route must return following the same route.

Degree of difficulty: scale of 1 (the easiest) to 3 (the hardest)

Category 1: easy trail with gentle gradient. Suitable for all ages and fitness levels.

Category 2: moderate degree of difficulty, suitable for adults in fair to good fitness levels. Sudden changes in gradient (uphill and/or downhill) and/or course along narrow or rough terrain.

Category 3: path with a high degree of difficulty due to course in difficult terrain morphology characteristics, such as particularly sudden elevation changes (uphill and/or downhill), course in particularly rough and/or slippery, and/or steep terrain.

USEFUL TIPS

You must be in very good physical condition! Wear a hat, sunglasses and sunscreen. Excursions do not include meals, care for water and food/snacks. Respect the natural environment.

Minimum number of participants for each trail: 10 people.
Maximum number: 30 people.
Children under 12 years old are not allowed to participate.

BOOKINGS & TRANSFERS BY BUS

Pre-booking for the trails (only one trail is allowed at a time) is obligatory and transfers will be only by bus. Pre-booking is allowed two weeks before the specific walk.

One bus will be provided for each route and there will be a strict first-come, first-served policy.

Lefkosia (Nicosia) District

Meeting point: Handicraft Center (186 Athalassa Avenue)

Meeting time: 9:00

Bookings: +357 22674264

Pafos (Paphos) District

Meeting point: Poseidonos Avenue (opposite Aloe Hotel), Kato Pafos

Meeting time: 9:00

Bookings: +357 26932841

Ammochostos (Famagusta) District

Meeting point: Information Office of the Ministry of Tourism in Ayia Napa

12 Kryou Nerou Street

Meeting time: 9:00

Bookings: +357 23721796

Larnaka District

Meeting point: Information Office of the Ministry of Tourism in Larnaka

Vasileos Pavlou Square

Meeting time: 9:00

Bookings: +357 24654322

Lemesos (Limassol) District

Meeting point: Dasoudi, Georgiou A' Street, Germasogeia

Meeting time: 9:00

Bookings: +357 25362756

Troodos Mountains

Meeting point: Troodos Square, parking

Meeting time: 10:00

Bookings: +357 25362756



Silvio Rusmico



REPUBLIC OF CYPRUS
DEPUTY MINISTRY OF TOURISM

www.visitcyprus.com



CYPRUS FORESTRY DEPARTMENT
www.moa.gov.cy/forest

The Deputy Ministry of Tourism reserves the right to alter and/or cancel the walks, while it assumes no responsibility for any accidents.

Cover Photo:
Andreas Giavroutas



WALKING
FESTIVAL
18 March
– 24 May
2020



Cyprus is a paradise for those who love nature and hiking. The Deputy Ministry of Tourism in collaboration with the Forestry Department are organising the Walking Festival 2020 and invite you to wander and explore the nature trails of Cyprus.

From the enchanting coastline to the pine clad mountain peaks, the hiking trails that are suggested will amaze you. Come close to the beautiful spring nature of Cyprus for rejuvenation and relaxation.

The tour guides and the Forest Officers who will accompany the walkers will help you experience the rich fauna and flora of the island and its unique geology.

Wear comfortable footwear, suitable for walking on rugged terrain, and experience this unique experience.

Note: In order to walk the trails of difficulty 3 and 2, **hikers need to be in a very good physical condition and physical activity.**



Paphos District - Akamas

“Aphrodite” Trail (Circular)

Difficulty: 3

Starting point: The Baths of Aphrodite

Total length: 7,5km

Walking time: 3 - 4 hours

Landmarks: The Baths of Aphrodite, where according to tradition the goddess of beauty bathed. Also the ruins of the tower of Rigena, which are believed to belong to a medieval monastery. The natural forests of oak and tracheal pine are typical of the area. It is worth making a reference to a perennial oak located near the ruins of the tower. Along the path there are points with excellent view to Cape Arnaouti, Poli Chrysochous and Paphos forest.

Walking From Paphos and Limassol 18 and 21 March 2020



Andreas Giavroutas

Limassol District

“Venetian Bridges” trail (Linear)

Difficulty: 3

Starting point: In the community of Kaminaria

Total length: 7,1 Km

Walking time: 3 hours

Intermediate distances/times:

Kaminaria - Elia Bridge 3.2 km - 1 hour

Elia Bridge - Tzielefos Bridge 3.9 km - 2 hours

Landmarks: The medieval bridges of Elia and Tzielefos. The view along the entire route is panoramic. It passes through clusters of tracheal pine and latzia.

Walking Date: From Limassol, Larnaca and Paphos 29 April and 3 May 2020



Nicosia District

“Xyliatos Dam” trail (Circular)

Difficulty: 2

Starting point: Xyliatos Dam. About 2km south of Xyliatos community.

Total length: 3,8km

Walking time: 1,5 hour

Landmarks: The path goes around the water fence. From the starting point of the path there is access to the adjacent picnic area.

Walking Dat: From Nicosia, Ayia Napa, Larnaca and Limassol 6 and 10 May 2020

Nicosia - Larnaca District

“Dyo Mouttes – Pavliades” Trail (Circular)

Difficulty: 2

Starting point: Kionia - Vavatsinia Road (2km from Kionia picnic area)

Total length: 3,2Km

Walking time: 1-1,5 hours

Landmarks: The walker can enjoy the view to the areas of Nicosia, Larnaca and Limassol from various places. The area where the trail is located has a peculiarity in relation to the rest of the Machairas Forest, since it is covered with the endemic Quercus Alnifolia.

Walking Date: From Ayia Napa, Larnaca, Nicosia and Limassol 8 and 11 April 2020



Christina Tryfonos

